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Nutrition Guidelines

All schools will promote healthy eating and active living through food programs, nutrition education and physical education. All schools will ensure that all decisions involving food and drink will be carried out in the best interests of our children. School policies/procedures are to include the following components:

- fundraising guidelines involving the sale of foods
- guidelines for drink products offered for sale in the school
- school community members bringing food/drink products into the school
- guidelines for special event food/drink offerings
- the promotion of healthy eating and active living choices throughout the school year